

Oakside Jupiter



Volume 4, Issue 1

January 4, 2014

Guess Who

She is a teacher on the main floor

She has straight hair

She sometimes goes to different classrooms

She is funny

Guess who it is? If you would like to guess, stop by the tech lab and put your vote it.. You could win a prize.



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What is Parkinson's Disease?

Have you ever heard of Parkinson's disease? Well, we never did either. Parkinson's disease is a disease that people get that affects the brain and nerves. It is called Parkinson's disease because it was discovered by James Parkinson in 1817. It is not contagious but it can be passed down any family. We wanted to do something to make a difference. So, we talked to Mrs. Foster about setting up collection bins to take donations for finding a cure or help for Parkinson's disease. She told us that her sister, Clare has Parkinson's disease. We were very surprised to hear that. Clare came to Oakside and spoke to us about Parkinson's disease.

Here is the interview...

Girls - Clare, when were you diagnosed with Parkinson's Disease?

Clare - 9 Years ago, when I was 41 years old.

Girls - Do you still have a job?

Clare - Yes, I manage the food service for Hendrick Hudson Schools.

Girls - Would you run in the New York City Marathon?

Clare - No, I don't have the balance, so sometimes I fall. If I sit for too long my body stiffens. I wish I could and there are some people with Parkinson's that can, but I can't.

Girls - What were your symptoms before you were diagnosed?

Clare - Actually, I felt like I was shaking on the inside. I wasn't shaking on the outside yet. So, I went to the doctor. See, I have a pinky that is trapped and he kept talking about the pinky.

After they ran some tests to see if I had some other diseases, they went back to the pinky. Michael J. Fox had a problem with a pinky when he was diagnosed with Parkinson's. His would just move. Sometimes I would have trouble smiling and they narrowed it down and after about four years, they diagnosed Parkinson's disease.

Girls - Have you heard of the Fox Foundation?

Clare - Yes, it is a great, great organization and what is nice is that EVERY penny that goes to the Fox Foundation goes right to finding a cure and help people.

Girls - How do you cope with Parkinson's disease?

Clare - I have a great family. My husband and two sons help a lot. What people don't know is that with Parkinson's disease, the brain does not produce a certain chemical, so I get depressed. It is not that I

am sad because I have Parkinson's, it is just that I do not make that chemical. So my family helps me, but I also just think "I am grateful because even though it is hard some days to get out of bed and get moving, there are people who have it worse and I just think, hey its not a big deal". I keep a good sense of humor and you have to have friends and family who help, and I do.

Girls - Is there anything else you want to share?

Clare - I just want to say thank you. Not many people know about Parkinson's. A lot of people talk about cancer and there are a lot of fundraisers for it, but not a lot of people know about Parkinson's disease. There is a big walk-a-thon once a year in Central Park, New York City and my family I go and our little group has raised \$20,000.00 in 9 years. So, I thank you for raising awareness and letting people know about it. Also, let people know not to be nervous around people with Parkinson's. I think it is great and I thank you both.

Written by: Mimi Feder and Lila Feder

Special thank you to Clare for sharing her story.

Box Tops

Every week Ms. Stewart collect box tops for education. Ever wonder what happens after she collects them? Well, we decided to ask. Melissa asked Ms. Stewart what happens to the money and she told us all about it.

We collect box tops so we can raise money for Oaksid e school . With the money we buy something that last long for the students. Mrs. Stewart mails the boxtops then she fills out a form. The company mails her a check. Mrs.stewart put the boxtops in bags of fifty in piles of twenty.each boxtop is

one dime. So far we have thousands of dollars. That's' why we collect box tops

Sean spoke to Coach Murphy to find out more about the wall.

Coach Murphy said "The rock wall cost \$3000. We are going to traverse with the rock wall. It's going up after the holidays. We will have lots of fun".

Written by Melissa Conners and Sean Sniffen



Weather

Wednesday 1/8 – High 25° Sunny
 Thursday 1/9 - High 31° Cloudy
 Friday 1/10 - High 39° Mostly Cloudy
 Saturday 1/11 - High 49° Showers
 Sunday 1/12 - High 46° Cloudy
 Monday 1/13 - High 45° Partly Cloudy
 Tuesday 1/14 - High 41°
 Wednesday 1/15 - High 38° Showers

By: Jayla and Tamoya

Trivia

What is the capital of the state of Mississippi?
 A: Jackson.

If it's noon in Boston, what time is it in New York?
 A: Noon.

Which state lies to the south of Georgia?
 A: Florida.

Check back next issue
 for the answers to
 these trivia questions.

By: Tiffany and Olivia

Advertisements and Advice

Zakiyah J's mother would like to send her a belated birthday shout out.

Her birthday was the 20th of November. I just want her to know how very proud of her for all of her hard work and that I love her.

1. Always start with the ones column when adding or subtracting double or triple digits.
2. Try to find something like pennies or candy to help you count faster.
3. When doing homework, organize yourself and decide what needs to be done first and last.

By: Rylee and Harper



What's Been Happening at School

Calendar

1/9 - 2nd Grade PBIS Assembly
1/10 - 3rd Grade PBIS Assembly
1/17 - Oakside Talent Show 6PM
1/20 - No School—Martin Luther King Jr. Day
1/23 - PTO Meeting 7PM

Next Month

2/17 - 2/21 - Mid Winter Break - No School
2/27 - PTO Meeting 7PM
Look for talent show highlights in the February issue!

Interesting Asian Facts

In Japan, there once lived a man named Ip Man. He knew Wing Chun martial arts and he saved his country by fighting the Japanese in 1967. Ip man won the title of Japanese general and got

shot on the shoulder by a soldier.

By Thomas and Henry Oo



PBIS Assembly

This Halloween Officer Pam came to Oakside school to give tips on how to be safe on Halloween. For example, to not walk in the road, and to always be with an adult. In addition, wear bright colors so cars can see you and don't go to abandoned houses like houses with no lights or decorations. Finally, don't eat unwrapped candy and check the ingredients to see if

it has something you are allergic to. Also, if someone tries to let you in their house make sure your parents know the person. Remember to stay safe on Halloween.

By: Zakiyah Johnson and
Keira OSullivan



Oakside Jupiter

200 Decatur Ave
Peekskill, NY 10566
Phone: 914-737-1591



Anti-Bullying

S S D T Y G Y S S T H A O T Y
S L G R L P X E P I C F R D A
E E C N P U I P T E Q O G N R
N B K A I L O R N U A R J E J
I G H B L L U S K N D K O I X
P V A U E H E R K I Y I G R O
P C B D C A Z E B T R K B F S
A H W T I S R E F E A N G A O
H Z X Y N Y Q S I D V D D L I
X A F D K S C R B V L U U K D
Z H X U M P S D B H K Y A L G
B M G I M E A N L F B M D H T
Q R L A O I G I R H S G G S G
T E V E V K U H M U D L U P S
Z R R J K K V B A V B D T X Z

ADULT

BULLIES

CRY

FEELINGS

FRIEND

HAPPINESS

HAPPY

HURT

MEAN

NICE

SAD

SMILE

SPEAK

UNITED

Meet the Staff

Feature Stories: Lila Feder and Mimi Feder

Guess Who? - Sophie Vaturi and Janira Martinez

Research Crew: Ariana Okoth, Kadin Sales,
Sanyah Taylor and Mary Boateng

Homework Advice - Rylee Resendes and Harper Kel-
sey

School News - Zakiyah Johnson and Kiera
O'Sullivan

Weather Girls - Jayla Wilson and Tiffany Tamoya
Williams

Interesting Facts - Henry and Thomas Oo

Trivia - Tiffany Barreto and Olivia Lewis

Interviews - Sean Sniffen and Melissa Connors

Other Staff - Alex Cabrera and Stacey Urbino

Crossword Puzzle - Alexis Fernandes

** Job titles may change at times